

# ***Allegany 60 Plus Program 2008***



**Crafts Club**  
(Senior Center)

Each Monday 9:30 a.m.

**General Meetings**  
(Senior Center)

2<sup>nd</sup> & 4<sup>th</sup> Tuesday 2:00 p.m.

**Walking Program**  
(Fourth & Maple LLC Gym)

November 10 – March 30, 2009  
(except 11/24, 11/26, 11/28, 12/24, 12/26, 1/02, and 1/19)

1:00 – 2:15 p.m.

Mondays, Wednesdays & Fridays

*December 29 and 31 the program will be 11:00 a.m. – 12:00 p.m.*

**Open Gym**  
(Fourth & Maple LLC Gym)

October 30 – December 30

(except 11/27 & 12/25)

Tuesdays & Thursdays

9:30 – 11:00 a.m.

*Features: walking, exercise, shoot basketballs, shuffleboard, etc.  
New registrations welcome!*

**Cooking Class**  
(Senior Center)

October 7 – December 9

Tuesdays

10:00 – 11:00 a.m.

*Info: Save energy & time, cooking for 1 or 2, microwave cooking, crock pot, oven.  
New registrations are still welcome!*

**Computer Class**  
(High/Middle School)

November 6 – January 29

(exc. 11/27, 12/25 & 1/1)

Thursdays

*Enter front of building – High School side.* 3:30 – 4:30 p.m.

***over***

**Thanksgiving Turkey Dinner** November 11  
(Senior Center) Tuesday  
Fee: TBA 1:00 p.m.

**Christmas Dinner** December 2  
(Allegany Community Center) Tuesday  
Fee: TBA 1:00 p.m.

**Energy Savings Workshop II** Thursday, November 6  
(Senior Center) 6:30 – 8:30 p.m.  
Conducted by Cooperative Extension  
Admission is free.

*All who attend will receive products valued at \$25. Register now!*

