

60 PLUS FALL 2006 PROGRAMS

Open Gym Program

Tuesdays & Thursdays starting Nov. 7
10:30 – 11:30 AM featuring Shuffleboard, Shoot Baskets, etc.
Old High School Gym (Fourth & Maple LLC)

Walking to Music

Mondays, Wednesdays & Fridays
1:15 – 2:15 PM
Old High School Gym (Fourth & Maple LLC)
Dec. 4 – Apr. 4 (except 12/22, 12/25, 12/27, 12/29, 1/01, 1/15)
Features: Big Band, Marches, Polkas, Show Tunes, Musicals,
Movie Songs, 40's, 50's, 60's music

Darts

Wednesdays
9:30 AM
Senior Center

Crafts

Mondays
9:30 AM
Senior Center

Cards

Mondays
1:00 PM
Senior Center

Game Days or Cards

1st and 3rd Tuesdays
1:00 PM
Senior Center
(also 5th Tuesdays when they exist)

General Meetings

2nd and 4th Tuesdays
2:00 PM
Senior Center

Yoga (breathing and relaxation)

Thursdays, Oct. 5 – Nov. 16
2:15 – 3:00 PM
Senior Center - \$3 each time or see Amy
Grandusky for reduced rate arrangements

Halloween Costume Contest

Tuesday
October 24
@ the regular meeting 2:00 PM

Quilting

Tuesdays
10:00 AM @ Senior Center
Dates: TBA

Thanksgiving Dinner

Tuesday, November 14
1:00 PM
Senior Center

Christmas/Holiday Dinner

Tuesday, December 5
1:00 PM
Bob Livingston Community Center

Computer Class

TBA

Neil Sedaka Bus Trip

Friday, November 10
8:00 PM featuring Buffalo Philharmonic Orchestra
Trip includes transportation, sit-down dinner, and concert.
Price: TBA